



Key Benefits

- Supports Optimal Energy Levels and Adrenal Function*
- Promotes Healthy Stress Response*
- Supports Healthy Homocysteine Metabolism*
- Activated B Vitamins for Optimal Bioavailability*
- Contains 5-MTHF and Folinic acid for Extended Bioavailability*
- Includes Vitamin C and PABA for Comprehensive Support*

Discussion

B Active provides activated forms of vitamins B-2, B-6 and B-12, with the addition of benfotiamine, a fat soluble and physiologically active form of thiamin. The 5-MTHF in this formula - Quatrefolic® - is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate. The addition of PABA, vitamin C and therapeutic doses of B-12 and B-6 make this a powerful and comprehensive activated B-complex that stands out above the rest.*

Serving Size: 1 Capsule Servings Per Container: 90		
	Amount	%Daily Value
Vitamin C (as ascorbic acid)	30 mg	50%
Thiamin (as thiamin HCI)	20 mg	1,334%
Riboflavin (as riboflavin-5'-phosphate)	20 mg	1,176%
Niacin (130 mg niacinamide, 10 mg niacin)	140 mg	700%
Vitamin B-6 (as pyridoxal-5'-phosphate)	25 mg	1,250%
Folate (400 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt† and 400 mcg folinic acid)	800 mcg	200%
Vitamin B-12 (as methylcobalamin)	800 mcg	13,333%
Biotin	400 mcg	133%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	1,500%
Choline citrate	30 mg	**
Benfotiamine	20 mg	**
PABA (para-aminobenzoic acid)	15 mg	**







*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Available in 90 and 120 count

Directions: Take one capsule 1-2 times daily or as directed by your healthcare practitioner.

Other Ingredients: HPMC (vegetable stearate), MCC (microcrystalline cellulose), rice flour, ascorbyl palmitate, silica.

Contains No: Wheat, gluten, corn protein, yeast, soy, animal or dairy products, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place. This Formula Meets or Exceeds cGMP Quality Standards.

Flourish Pharmacy

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